

YEAR 7 LIFE SKILLS OVERVIEW

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p style="text-align: center;">Staying safe</p> <p>1. Welcome to Life Skills</p> <p>2. Risk assessment</p> <p>3. Aquarius workshop - drugs inc. vaping</p> <p>4. Road safety</p> <p>5. How to respond in an emergency</p> <p>6. Smoking</p> <p>7. Alcohol</p>	<p style="text-align: center;">Online safety and cyberbullying</p> <p>1. Healthy relationships</p> <p>2. Causes & effects of online bullying</p> <p>3. Internet safety</p> <p>4. Online safety & the law</p> <p>5. How to create safe online profiles</p> <p>6. Review / Assessment</p> <p>7. Contingency</p>	<p style="text-align: center;">Economic wellbeing</p> <p>1. Impact of money</p> <p>2. Poverty debt</p> <p>3. Budgeting</p> <p>4. Employment</p> <p>5. Case study</p>	<p style="text-align: center;">Healthy relationships</p> <p>1. Types of relationships</p> <p>2. Healthy and unhealthy relationships</p> <p>3. Protect from unhealthy relationship</p> <p>4. Online relationships</p> <p>5. Family</p>	<p style="text-align: center;">Democracy and citizenship</p> <p>1. UK parliament and the role of MPs</p> <p>2. Current political issues</p> <p>3. British Values</p> <p>4. Rule of law and hate crime</p> <p>5. Protected characteristics</p> <p>6. Review / Assessment</p> <p>7. Contingency</p>	<p style="text-align: center;">Conflict resolution</p> <p>1. What is friendship?</p> <p>2. Conflict situations</p> <p>3. Respectful behaviour</p> <p>4. Conflict resolution</p> <p>5. Diverse community</p> <p>6. Contingency</p>

YEAR 8 LIFE SKILLS OVERVIEW

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p>Human rights and responsibilities</p> <p>1. Welcome back</p> <p>2. Societal roles and responsibilities</p> <p>3. Human rights and employee rights</p> <p>4. Discrimination</p> <p>5. The law</p> <p>6. Sustainability</p> <p>7. First aid</p>	<p>The law and British Values</p> <p>1. Decision making</p> <p>2. Terrorism and extremism</p> <p>3. Valuing diversity</p> <p>4. Understanding and preventing extremism</p> <p>5. Radicalisation</p> <p>6. Review / Assessment</p> <p>7. Contingency</p>	<p>Healthy relationships</p> <p>1. Trust in relationships</p> <p>2. Good and bad relationships</p> <p>3. Violent relationships</p> <p>4. Forced marriage</p> <p>5. Identity</p>	<p>Mental health and wellbeing</p> <p>1. What is mental health?</p> <p>2. Anxiety disorders</p> <p>3. Addictions</p> <p>4. Eating disorders</p> <p>5. Self harming</p>	<p>Health</p> <p>1. Loudmouth follow up</p> <p>2. Sexual relationships and the law</p> <p>3. Contraception</p> <p>4. Healthy body</p> <p>5. FGM</p> <p>6. Disease prevention</p> <p>7. Contingency</p>	<p>Careers and work related learning</p> <p>1. The local economy</p> <p>2. Career stereotypes</p> <p>3. Employability skills</p> <p>4. Change to 'Applying for jobs' Job advertisements</p> <p>5. Case study: NHS</p> <p>Review / Assessment</p>

YEAR 9 LIFE SKILLS OVERVIEW

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p>Extremist radicalisation</p> <p>1. Welcome back</p> <p>2. Valuing diversity</p> <p>3. Extremism</p> <p>4. Radicalisation</p> <p>5. Inclusion and belonging</p> <p>6. Extremist organisations</p> <p>7. What to do in an emergency (first aid)</p>	<p>Drugs awareness</p> <p>1. What is an addiction?</p> <p>2. Drugs classification</p> <p>3. Drugs and the law</p> <p>4. Drugs and gangs</p> <p>5. Support</p> <p>6. Review / Assessment</p> <p>7. Contingency</p>	<p>Relationships and sexual health</p> <p>1. Sexual relationships</p> <p>2. Equality in relationships</p> <p>3. Pornography</p> <p>4. Sexually transmitted diseases</p> <p>5. Loudmouth follow up (sexual relationships)</p>	<p>Personal health</p> <p>1. Umbrella workshop (contraception)</p> <p>2. Reproductive health</p> <p>3. Cosmetic surgery</p> <p>4. Disease prevention</p> <p>5. Immunisation and vaccination</p>	<p>Financial management</p> <p>1. Managing money and debt</p> <p>2. Career paths from post-16 options</p> <p>3. Employability skills</p> <p>4. Media</p> <p>5. University life</p> <p>6. Review / Assessment</p> <p>7. Contingency</p>	<p>Online safety</p> <p>1. Digital footprints</p> <p>2. Images online</p> <p>3. Online dangers</p> <p>4. Anti-social behaviour</p> <p>5. Social media and online dating</p> <p>6. Review of the year</p>

YEAR 10 LIFE SKILLS OVERVIEW

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Crime and punishment	Sexual harassment and exploitation	Human rights and responsibilities	Drugs education	Emotional resilience	Careers and work related learning
1. Welcome back	1. Risks of exploitation	1. Definitions	1. Loudmouth follow up	1. Writing a CV	1. Resilience
2. Gang culture	2. Grooming	2. Pregnancy and miscarriage	2. Alcohol	2. Interview techniques	2. Stress
3. Youth violence	3. Teenage relationships	3. Abortion	3. Cannabis	3. Applying for jobs	3. Self harming
4. Knife crime	4. Consent in relationships	4. Forced marriage	4. Legal highs	4. Local labour markets (comp. room)	4. The media
5. Organised crime	5. Human trafficking	5. Honour based violence	5. Vaping	5. Work experience	5. Exam stress
6. Courts and the law	6. Review / assessment			6. Review of the year	6. Review / assessment
7. Careers in law and crime prevention	7. Contingency			7. Contingency	

YEAR 11 LIFE SKILLS OVERVIEW

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p>Relationships and sexual health</p> <ol style="list-style-type: none"> 1. Family conflict 2. Sexual health 3. Pregnancy outcomes 	<p>Careers</p> <ol style="list-style-type: none"> 1. Job applications 2. Assessment centres 3. Living costs and budgeting 4. Halesowen College 	<p><i>Religion and worldviews</i></p>	<p><i>Religion and worldviews</i></p>	<p>Emotional resilience</p> <ol style="list-style-type: none"> 1. Good habits for the exam period 2. Mental wellbeing 3. Exam stress 	<p><i>GCSEs</i></p>