



Physical Education Extra-curricular clubs. Term 1
Week beginning 19/09/22



	Monday	Tuesday	Wednesday	Thursday	Friday
Before School	Badminton - LTS Sports hall, from 8.10am.	Badminton - LTS Sports hall, from 8.10am	Badminton - LTS Sports hall, from 8.10am	Badminton - LTS Sports hall, from 8.10am Yoga - LG – Gym From 8.10am	Badminton -LTS Sports hall, from 8.10am
Lunchtime	Active lunch - outside Walk a mile – Tennis courts Badminton - LTS Year 7,8.Sportshall	Active lunch – outside Walk a mile - Tennis courts Basketball club - LTS– year 9 and 10 Sportshall - All years	Active lunch - Outside Walk a mile – Tennis courts Indoor cricket - LG Year 7,8 - Sportshall	Active lunch - outside Walk a mile – Tennis courts Football – GP – Year 7,8 Sportshall	Active lunch - outside Walk a mile – Tennis courts Badminton – LTS years 9,10,11, Sportshall.
Afterschool		Cricket – year 9, 10 – starting 4/10.22 Sporthall Football – LTS – All years Sportshall/outside	Judo club Year 9 and 10, sporthall	Netball club – RF – year 7 and 8 sporthall/outside Netball club – LG – year 9 and 10 sporthall/outside	

Indoor athletics will start after Oct half term

Rugby club will start in January

